3 FIRES MARTIAL ARTS OCTOBER NEWSLETTER

HALLOWEEN

3 FIRES CELEBRATION



LOTS OF TREATS

50 KIDS



HAUNTED HOUSE





9 ACTORS

PIZZA FOR ALL

GAMES AND ACTIVITIES



EVEN A LIVE SNAKE!!!

a not-for-profit corporation

3 FIRES MARTIAL ARTS ACADEMY

Karate • Kung Fu • Tai Chi • Kali • Self-Defense

EXTRAVAGANZA

On October 17th, 3 Fires held its Annual Extravaganza, a special event celebrating students who have achieved a new black level degree.

The evening began with the Lion Dance. This year, we introduced our new young lion, and what a great performance it was!

After the potluck dinner and a photo slideshow from last year's Warrior Weekend, awards were presented to students who earned a new rank, from Apprentice Black to 3rd Degree. Congratulations to Lindsey, Jamie, Brandy, Mary-Jane, Raziyeh, Naiya, Sonia, Melanie, Aiden, Zach, Anastasia, Astra, Chris, Yves, and Nancy on their achievements!

The Rose Ceremony followed. Each recipient was presented with a rose to give to someone who played an important role in their journey to black level.

We also had the opportunity to watch demonstrations by students who earned a new black degree. There may have been a few nervous moments, but everyone performed exceptionally well!

The Extravaganza is also the occasion to present the Ignite Award. The Ignite Award recognizes an individual who has generously contributed their time and energy to our students and our academy. At 3 Fires, we teach respect, compassion, and responsibility. These values become meaningful when they are put into action, and this award honors someone who exemplifies them every day.

This year's Ignite Award was presented to Jamie Tremblay. Over the past year, Jamie has contributed to the Demo Team, Lion Dance events, and the Weapons Program. Thank you, Jamie, for helping 3 Fires shine!



EXTRAVAGANZA

IN PICTURES

















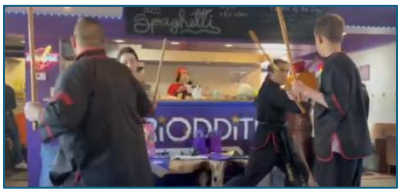
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3 Fires Demo Team at the CuriOddity CaféBistro Grand Opening



3 Fires had the privilege of performing its Lion Dance and martial arts demonstrations at the grand opening of CuriOddity CaféBistro on October 24th. It was the first time the demo team had performed at a business opening.

The lion dance is often associated with the opening of a store, restaurant, or café. In Chinese tradition, it symbolizes good luck, prosperity, success, and protection for a new business.



If you missed the opening and would like to see the team in action, be sure to check out CuriOddity CaféBistro's Facebook and Instagram pages!

3 Fires New Logo

Have you noticed 3 Fires Martial Arts Academy's new logo?

The logo is based on the Okinawan Pinwheel. In Okinawan martial arts, the pinwheel is commonly interpreted as representing the balance and interaction of opposing forces, as well as the harmony between mind, body, and spirit.

Since Okinawa is the birthplace of karate, one of the martial arts taught at 3 Fires, the choice of this symbol makes perfect sense!

THE ACADEMY DETECTIVE

Think you know every corner of the Academy?

Here's your chance to prove it! Check out the pictures and see if you can identify exactly where each object can be found.









A new belt / sash is proof of hard work.

Congratulations!

Determination leads to great achievements.





















Being proud

Dedication

Concentration

Having fun

Thanks to all the sensei / sifu and sempai that are helping our students to grow!